

A Facial Plastic Surgeon's Thoughts on Megan Fox, Jenna Jameson, and Sophie Monk

July 23, 2010

I'm wondering if plastic surgery will ever get to be so good that we can't tell that anything has been done? Or, should we just assume that anyone in media has had something done. Here are some observations...

Dr. Shoib Myint is a skilled Las Vegas plastic surgeon. He specializes in facial plastic surgery and graciously answered my questions on Megan Fox, Sophie Monk, and Jenna Jameson. Visit Dr Myint's website at www.eye-faceplasticsurgeon.com



Megan Fox

There is no question Megan Fox underwent some type of lip augmentation. It is difficult to tell from the pictures whether it was surgical or nonsurgical such as an HA (hyaluronic acid) filler (Juvederm, Restylane). Only her doctor can know for sure. It is important to keep in mind when observing lips that the lipstick can masquerade the true dimensions of a person's lip anatomy. Megan is clearly wearing lipstick. It would be interesting to see her before and after pictures without any lipstick. The upper lip typically should be 50-70% of the lower lip. Megan's upper lips are much larger than this normal anatomical ratio, which makes them appear unnatural and overdone, a dead giveaway of aggressive lip augmentation. The outer portions of both her upper and lower lips are overfilled. In my opinion, the outer portions of the upper and lower lips should taper to prevent the sausage type appearance, which we see here. Megan has a nicely shaped cupid's bow and somewhat prominent philtrum in the center of her upper lip, which has been lost after her augmentation. This indicates overcorrection at the vermilion border and the wet/dry junction.

Sophie Monk

Unlike Megan, Sophie's lip augmentation maintains the 70% upper to lower lip ratio. However, she too has too much done to the outer portion of her upper lips giving it the sausage look. She also has lost her nice philtrum height and cupid's bow. There is too much eversion indicating excessive augmentation done at the wet dry junction. Sophie's lower lips have lost the tapered look, which she clearly has in her before pictures. Again, in my opinion, there is too much eversion of the lower lips centrally with aggressive augmentation in the wet dry junction.



Jenna Jameson

Jenna clearly has the classic trout pout lips. She has broken the 70% anatomical rule. Not only are her upper lips larger than her lower lips (too aggressive augmentation with either filler or surgery near the wet/dry junction), but there is also loss of any evidence of a vermilion border. She also has no tapered look to her upper and lower lips. This sausage like appearance indicates once again an aggressive approach along the outer corners of the lip.

About Dr Myint

Dr. Myint is an oculo-facial plastic surgeon who has specialized training and expertise in plastic surgery of the eyelids and orbits. He is Board Certified by the American Osteopathic Board of Ophthalmology and Otolaryngology Head and Neck Surgery. He is also a Fellow of the American Academy of Cosmetic Surgery. Dr. Myint finished his graduate studies at Columbia University in New York before attending medical school in Miami, Florida.